

Breaths like nothing!

Dear employee,

All too often we hear about excuses for not wearing your personal protective equipment: too warm, too cold, it itches or hinders you, makes you look like a fool, etc.

Not using your personal protective equipment is a choice you are free to make , but are you considering the consequences of your choice too?

Let us take breathing protection as an example. Those dust masks make it harder to breathe, the straps dig into your neck, you can't talk clearly etc.

Would you rather not wear a dust mask? Continually inhaling fine and less fine dust particles can cause (permanent) lung damage. If there are chemicals in the air, short exposure can already be enough to cause serious damage to the lung alveoli. Before you know it you're hooked up to a respirator!

Wearing a dust mask can sometimes seem a nuisance, but when you take it off after the work you can indeed breathe freely again.

In fact, choosing not to put on your protective equipment is choosing to put up with the consequences.

If you consider things from this point of view, we guess you won't need long to make the right choice.

But the choice is yours.

Kind regards,

The board



Or rather wear your dust mask?

